

# Body/Landscape 15-21 April 2019

## Burg - Catalonia - Spain



### Workshop exploring the relationship between Body and Landscape led by Frank van de Ven (Body Weather Amsterdam)

Intensive 6-day workshop in the Catalan Pyrenees. Our base will be in the picturesque small village of Burg which is 10 km west of Andorra lying inbetween the National Park of Aigüestortes i Estany de Sant Maurici and Parc Natural de l'Alt Pirineu. Closeby are some of the highest peaks in Catalonia. Human settlement of the Pyrenees dates back at least to the period of glacial melting. Recent archeological studies have found evidence of temporary settlements from 8,500 years ago in the Neolithic Age. This is an area of great ecological diversity and a remarkable wealth of landscapes, with great scenic beauty and a diverse flora and fauna. Amongst others we find Pyrenean chamois, ermines, bearded vultures, golden eagles and roe deer as well as a significant number of unique species of flora,

**Body Weather - Body/Landscape:** The basic training and point of departure for this workshop, Body Weather, is a comprehensive training and performance practice that investigates the intersections of bodies and their environments. Bodies are not conceived as fixed entities, but just like the weather, constantly changing through an infinite and complex system of processes occurring in and outside of these bodies. Taking Body Weather into the landscape, the aim is to explore and develop consciousness of the body itself being an ever evolving landscape within a greater surrounding landscape.

**Programme** will include \*MB -(mind/body, muscles/bones) dance training \*practice of and reflection on physical and mental training \*walking and wandering, silent walk, pilgrimage and nocturnal journeys \*various modes of experiencing body, movement and landscape \*investigating divergent senses of space and time \*peripatetic records, drawing, writing, immediate contact with surroundings \*mental topography of a location, myth, archaic mind and genius loci \*Local geology, archaeology and history

**An integral** part of the workshop will be individual artistic projects that participants are encouraged to formulate and work on for 1-2 hours a day. The workshop leaders are available to guide and support these processes.

**Participants profile:** for artists and mature students working in performance, dance,

landscape art, sculpture, photography, architecture, theatre, visual arts and for those interested in walking, environment and natural history.

**Selection** of participants will be based on c.v. and motivation. No previous (dance) training is necessary but the workshop will be physically demanding, therefore a good overall condition is required.

**Frank van de Ven** is a dancer and choreographer who spend his formative years in Japan working with Min Tanaka and the Maijuku Performance Company. Together with Katerina Bakatsaki he founded 'Body Weather Amsterdam', in 1993, as a platform for training and performance. Since 1995 he has conducted the interdisciplinary Bohemiae Rosa Project with Milos Sejn, connecting body and landscape with art, geology and architecture. For more info on Body Weather Amsterdam [bodyweatheramsterdam.nl](http://bodyweatheramsterdam.nl)



## **PRACTICAL INFORMATION**

**Dates:** 15-21 April 2019. Arrival Sunday evening 14 April. Departure Sunday 21 April after lunch

**Address:** Village of Burg in the Catalan Pyrenees <http://espai.dansanatura.com>

**Access:** From Barcelona 3.5 hours by car. A bus (Alsa company) goes to Llavorsi from where we can pick you up. There are also buses to Llavorsi from Zaragoza and from Lerida. We will exchange addresses of participants to facilitate car-pooling.

**Lodging:** € 15 per night - dormitory - linen and duvets provided.

**Food:** € 10 per day. Communal cooking in rotation.

**Bring also** hiking boots - light sandals - towel - notebook - backpack - raincoat and pants - insect repellent - warm clothes - torchlight.

**Organization in Spain:** Sara Pons +34 639 162 720 / Tania Garrido Monreal +34 629 546 409

**Workshop fee:** € 300. Student and unemployed discount € 270. Early bird € 240 (when full price is paid before 15<sup>th</sup> February 2019)

**Insurance** it is a prerequisite that each participant has their own health insurance. For Spanish citizens Seguridad Social is sufficient. Make sure to bring a copy on site.

**Booking:** To apply send name, address, a short c.v. and a motivation letter to Sara and Tania at [Bodyweatherinspain@gmail.com](mailto:Bodyweatherinspain@gmail.com). Within 1 week we will process your application and upon acceptance you will need to send an enrolment deposit of 80 euro to confirm your reservation. The whole course fee needs to be transferred before 25<sup>th</sup> of March 2019.

**Information and booking:** [Bodyweatherinspain@gmail.com](mailto:Bodyweatherinspain@gmail.com)

